

#### Sailors and Parents Code of Conduct

At RMYC Sailing School, we value respect, responsibility, and the love of sailing. This Code of Conduct is here to guide sailors and parents in creating a positive environment.

#### **For Sailors**

## **Safety First**

- Always wear a life jacket on the water.
- Don't leave the club or event without permission.

### **Sportsmanship**

- Show good sportsmanship. Be gracious whether you win or lose.
- Support your teammates and be a good example.

# **Respect Authority**

- Listen to your coaches and adults in charge.
- Accept feedback and don't talk back.

## **Respect Others**

- Treat everyone with respect, no matter who they are, regardless of their background, race, gender, or any other characteristic
- No bullying, fighting, or using bad language.

## Responsibility

- Take care of your belongings and the club's equipment.
- Be on time for practices and regattas.

## **Ambassador of RMYC**

• Remember, you represent RMYC. Behave in a way that makes everyone proud.

#### **For Parents**

### **Support Your Child**

- Encourage your child to be independent in their sailing.
- Back the coaches' decisions during events.

#### **Get Involved**

- Help with event logistics, like towing boats or providing snacks.
- Register and pay fees on time.

### **Respect and Conduct**

- Set a good example by respecting everyone and following club rules.
- Inform us of any medical conditions that may affect your child.
- Treat everyone with respect, no matter who they are, regardless of their background, race, gender, or any other characteristic

### Racing Teams (Optimist & ILCA)

To maintain a place on the team, all term fees must be paid in full. Failure to do so may result in your spot being offered to another participant.

#### **Both Sailors and Parents**

### **Represent RMYC Well**

• The use of drugs, alcohol, performance enhancing drugs and/or participation in any illegal activities is strictly prohibited.

## **Complaints and Safeguarding**

- Be aware of the clubs safeguarding policy, available on the clubs website www.rmyc.org
- If you have a complaint, first try to resolve it directly.
- If unresolved, submit it in writing to the school's administration.
- Respect the process and keep it confidential.

### For Coaches & Staff

- Set a good example by respecting everyone and following club rules.
- Treat everyone with respect, no matter who they are, regardless of their background, race, gender, or any other characteristic
- Any form of discrimination, harassment, or bullying is strictly prohibited.

### Agreement

By booking and attending lessons, you agree to follow the RMYC Sailing School's Code of Conduct.